

NUR 101 : Nursing Assistant Level 1

The Oregon Coast Community College Nurse Assistant Level 1 Training Program (NUR101) is an eight (7) credit, 120-hour course fulfilling the Oregon State Board of Nursing requirements for certification as a nursing assistant level one. The lecture portion of this course is taught online through independent study. It takes 40 or more hours to complete. Students spend 40 hours in the skills lab and 40 hours in a licensed health care facility, gaining hands-on clinical experience. The programs are offered from either the OCCC North County Center in Lincoln City or the OCCC Central County Center in Newport.

Students will learn basic bedside nursing skills, basic restorative skills, mental health and social service needs, personal care skills, and knowledge of client rights. Students will learn the knowledge and skills necessary to care for patients in long-term care and acute care facilities. This course requires both time and a “personal caring” commitment from the students. Students must also be able to meet physical requirements, engage in therapeutic communication, and deal with stressful interpersonal situations.

Introduces foundational knowledge and skills necessary to deliver routine patient care to residents of long-term care and other care facilities. Covers personal care nursing skills, restorative services, mental health services, social needs and patient rights. Includes an introduction to anatomy and physiology. This course meets the Oregon State Board of Nursing (OSBN) requirements for eligibility to apply and test for Nursing Assistant 1 certification.

Credits 7

Subject

Nursing

Course Outcomes

1. Utilize appropriate infection control measures while providing patient care, including hand hygiene, disposal of contaminated articles, and hazardous wastes.
2. Utilize proper body mechanics and safety transfer to prevent injury to self and client.
3. Implement basic principles of personal care, including bathing, hair care, dressing/undressing, oral care, shaving and nail care.
4. Utilize basic communication and interpersonal skills with patients as well as staff members, family members, and other health care team members.
5. Provide safe and effective patient care to include meeting basic needs, personal care, restorative services, mental health services, social needs and patient rights.
6. Distinguish between personal and professional values and legal/ethical responsibilities in practice.